

Aerobic Boxing Workout

Adams Park Community Center
3230 John Creighton Blvd.
(402) 444-5164

Come join our

OLYMPIC BOXING COACH and 2011 WORLD BOXING CHAMPION

WILFRED DAVIS



With over 30 years of experience

Come and enjoy the NON-CONTACT, FUN and EXCITING boxing aerobics

that will help you get back in shape!!

Tuesday and Thursday

6pm-7pm Ages 14+

\$20.00 for 8 sessions



www.ci.omaha.ne.us/parks

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